

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, sreen and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Meat Free Monday

- ✔ Homemade Macaroni Cheese
- ✔ Vegetarian Sausage Roll baked diced potatoes and beans
- Strawberry Ice Cream Roll

### Tuesday

- ✔ Cooks choice curry served with 50/50 rice
- ✔ Baked fishcake, baked potato waffles, Peas and sweetcorn
- Fresh Fruit Segments or yoghurt

### Wednesday

- ✔ Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas
- ✔ Hot Tuna Panini served with Coleslaw, sweetcorn and salad
- Homemade Blueberry Cake

### Thursday

- ✔ Cooks choice Homemade Lasagne or Pasta Bake served with seasonal vegetables
- ✔ Homemade Cheese Flan served with baked jacket wedges sweetcorn and salad
- ✔ Jelly and Fruit

### Friday

- ✔ Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans
- ✔ Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans
- Homemade Shortbread Biscuit

## Week Two

### Meat Free Monday

- ✔ Margarita Pizza served with baked jacket wedges and sweetcorn
- ✔ Baked Falafel with Couscous And salad
- Raspberry Ripple Ice Cream Roll

### Tuesday

- ✔ Chilli Beef served with 50/50 rice
- ✔ Hot Ham and Cheese Panini, Fresh salad, coleslaw
- Fresh Fruit Salad or Yoghurt

### Wednesday

- ✔ Spaghetti Bolognese Served with mixed vegetables
- ✔ Spicy Quorn served with savoury rice and mixed vegetables
- ✔ Jelly and Fruit

### Thursday

- ✔ Chicken curry and rice
- ✔ Selection of filled wraps
- Cooks choice Homemade Carrot Cake or Banana and Oat Cake

### Friday

- ✔ Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans
- ✔ Chicken goujons Served with chunky chipped potatoes garden peas or baked beans
- Homemade cooks choice Biscuit

## Week Three

### Meat Free Monday

- ✔ Homemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables
- ✔ Quorn nuggets with baked herby diced potatoes, and sweetcorn
- Chocolate Ice Cream Roll

### Tuesday

- ✔ Homemade Cajun Chicken in a bun, Baked wedged potatoes, coleslaw and sweetcorn
- ✔ Vegetarian Burger in a bun Baked wedged potatoes, coleslaw and sweetcorn
- Fresh Fruit Segments or Yoghurt

### Wednesday

- ✔ Chicken Tikka Masala served with 50/50 rice
- ✔ Baguette pizza served with fresh salad and coleslaw
- Apple Crumble and custard

### Thursday

- ✔ Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas Or All Day Breakfast
- Twice Baked Jacket Potatoes with ham and cheese Served with baked beans
- ✔ Jelly and Fruit

### Friday

- ✔ Crumb coated chicken Served with chunky chipped potatoes, garden peas or baked beans
- ✔ Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans
- Homemade Biscuit or Cookie



Menu cycle week one: 30<sup>th</sup> Oct. 20<sup>th</sup> Nov. 11<sup>th</sup> Dec. 1<sup>st</sup> Jan. 22<sup>nd</sup> Jan. 12<sup>th</sup> Feb. 4<sup>th</sup> Mar. 25<sup>th</sup> Mar. 15<sup>th</sup> Apr.

Menu cycle week two: 6<sup>th</sup> Nov. 27<sup>th</sup> Nov. 18<sup>th</sup> Dec. 8<sup>th</sup> Jan. 29<sup>th</sup> Jan. 19<sup>th</sup> Feb. 11<sup>th</sup> mar. 1<sup>st</sup> Apr. 22<sup>nd</sup> Apr.

Menu cycle week three: 13<sup>th</sup> Nov. 4<sup>th</sup> Dec. 15<sup>th</sup> Jan. 5<sup>th</sup> Feb. 26<sup>th</sup> Feb. 18<sup>th</sup> Mar. 8<sup>th</sup> Apr. 29<sup>th</sup> Apr.

## School Menu: 2023/2024



= Vegetarian V = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website [www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council