SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soreen and cheese & biscuits

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.











Week One

Meat Free Monday

Vegetarian Sausage Roll
Herby Diced Potatoes and Baked Beans

Macaroni Cheese Served with Broccoli

Vanila Ice Cream

Tuesday

V Pork Sausage with Yorkshire pudding Creamed Potatoes, served with Carrots and Peas

Cheese or Cheese and Ham Panini served with Sweetcorn and Salad

Fresh Fruit Segments or Yoghurt

Wednesday

ef Burger in a Bun served with Herby Diced Potato and Fresh Side Salad

Vegetarian Burger in a Bun served with Herby Diced Potato and Fresh Side Salad

Vegetables Fajitas with Savoury Rice, Sweetcorn

V Orange Jelly and Fruit

Thursday

Home Made Beef Chilli served with rice.

BBQ Chicken served with Baked Wedged Potatoes, and Sweetcorn

BBQ Quorn served with Baked Wedged Potatoes, and Sweetcorn

Homemade Blueberry Cake/Muffin

Friday

Crumb Coated Chicken served with Chunky Chipped Potatoes, Garden Peas, or Baked Beans

Oven baked Fish Fingers
Served with Chunky Chipped Potatoes, Garden Peas,
or Baked Beans

, Homemade Cooks Choice Biscuits

Week Two

Meat Free Monday

Margarita Pizza Rounds
Served with Baked Jacket Wedges
and Sweetcorn

Chinese Style Quorn with Rice/Noodles

Doughnut

Tuesday

Roast Turkey with Creamed Potato, Roast Potato, Carrot and Broccoli

Mome Made Cheese Pasty, Creamed, Roast Potato and Baked Beans or Vegetables.

> Fresh Fruit Salad or Yoghurt

Wednesday

V Spaghetti Bolognaise Served with Garden Peas

Garlic and Herb Chicken Pitta served with Vegetable Rice and Broccoli.

Arctic or Chocolate Ice Cream

Thursday

V Brunch Lunch (Sausage, Beans, Hash Brown, Omelette)

V Meatball Sub served with Diced Potatoes and Salad

V Raspberry Jelly and Fruit

Friday

Crumb Coated Chicken Served with Chunky Chipped Potatoes, Garden Peas or Baked Beans

> Oven baked Battered Salmon served with Chunky Chipped Potatoes Garden Peas or Baked Beans

Homemade Cooks Choice Biscuit

Week Three

Meat Free Monday

- Tomato and Mascarpone Pasta Bake Served with Seasonal Vegetables
- Omelette with Baked Herby Diced Potatoes and Baked Beans

Strawberry Ice Cream

Tuesday

V Chicken Katsu Curry served with Rice

Cheese or Cheese and Ham Panini served with Sweetcorn and Salad

> Fresh Fruit Segments or Yoghurt

Wednesday

V Selection of Pizza (Pepperoni/Cheese) Served with Jacket Wedges, Salad

Sweet and Sour Chicken/Quorn Served with Rice/Noodles

V Jelly and Fruit

Thursday

- V Pork Meatballs in Tomato and Basil Sauce Served with Pasta and Garden Peas
- Cheese Wrap served with Sauté Potatoes
 Sweetcorn and Salad

Vanilla and Chocolate Marble Muffin/Traybake

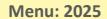
Friday

Oven Baked Chicken Poppers Served with Chunky Chipped Potatoes, Garden Peas or Baked Beans

Oven Baked Fish Stars Served with Chunky Chipped Potatoes, Garden Peas, or Baked Beans

Homemade Cooks Choice Biscuit







= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals

